

The following appendix tables are part of a Commonwealth Fund data brief, Kristen Kolb, David C. Radley, and Sara R. Collins, *Trends in Employer Health Insurance Costs, 2014–2023: Coverage Is More Expensive for Workers in Small Businesses* (Commonwealth Fund, Dec. 2024), <https://www.commonwealthfund.org/publications/issue-briefs/2024/dec/trends-employer-health-insurance-costs-2014-2023>.

APPENDIX TABLE 1

Average Total Premium Cost for Employer-Sponsored Health Insurance Coverage, by State and Size of Firm

	Single coverage					Family coverage				
	2023			All-firms trend		2023			All-firms trend	
	Small firms (<50 employees)	Large firms (50+ employees)	All firms	2019	Average annual change, 2019 to 2023	Small firms (<50 employees)	Large firms (50+ employees)	All firms	2019	Average annual change, 2019 to 2023
United States	\$7,974	\$8,223	\$8,182	\$6,972	4.1%	\$21,351	\$24,312	\$23,938	\$20,486	4.0%
Alabama	\$7,959	\$7,578	\$7,645	\$6,519	4.1%	\$19,894	\$21,289	\$21,102	\$17,734	4.4%
Alaska	\$10,986	\$8,750	\$9,096	\$8,933	0.5%	\$26,704	\$25,813	\$25,876	\$22,969	3.0%
Arizona	\$6,926	\$8,106	\$7,981	\$6,517	5.2%	\$16,048	\$24,319	\$23,758	\$19,966	4.4%
Arkansas	\$6,633	\$7,476	\$7,362	\$6,054	5.0%	\$17,128	\$20,821	\$20,562	\$17,773	3.7%
California	\$8,087	\$8,066	\$8,070	\$6,939	3.8%	\$21,910	\$24,259	\$23,943	\$20,788	3.6%
Colorado	\$7,773	\$8,216	\$8,145	\$6,550	5.6%	\$18,495	\$24,806	\$23,980	\$20,171	4.4%
Connecticut	\$9,065	\$8,700	\$8,750	\$7,516	3.9%	\$22,945	\$25,884	\$25,529	\$21,363	4.6%
Delaware	\$8,517	\$7,433	\$7,629	\$8,090	-1.5%	\$20,108	\$22,288	\$22,049	\$20,628	1.7%
District of Columbia	\$7,986	\$8,889	\$8,738	\$7,338	4.5%	\$20,554	\$26,592	\$25,793	\$22,311	3.7%
Florida	\$7,605	\$8,346	\$8,251	\$6,763	5.1%	\$19,077	\$24,015	\$23,597	\$20,714	3.3%
Georgia	\$8,348	\$7,880	\$7,955	\$6,873	3.7%	\$20,852	\$24,887	\$24,360	\$19,720	5.4%
Hawaii	\$7,628	\$7,768	\$7,730	\$6,671	3.8%	\$20,436	\$20,795	\$20,730	\$19,243	1.9%
Idaho	\$6,861	\$7,594	\$7,400	\$6,346	3.9%	\$14,039	\$24,100	\$22,367	\$19,258	3.8%
Illinois	\$7,562	\$8,171	\$8,070	\$7,157	3.0%	\$21,493	\$24,821	\$24,290	\$20,659	4.1%
Indiana	\$8,294	\$8,228	\$8,236	\$6,957	4.3%	\$21,326	\$23,230	\$22,965	\$21,169	2.1%
Iowa	\$7,874	\$8,054	\$8,017	\$6,657	4.8%	\$20,097	\$23,670	\$23,152	\$18,752	5.4%
Kansas	\$7,245	\$7,644	\$7,575	\$6,338	4.6%	\$20,799	\$23,387	\$23,018	\$18,867	5.1%
Kentucky	\$6,933	\$8,156	\$8,002	\$6,678	4.6%	\$21,484	\$23,696	\$23,553	\$20,612	3.4%
Louisiana	\$7,864	\$7,985	\$7,966	\$6,748	4.2%	\$20,524	\$23,829	\$23,325	\$19,032	5.2%
Maine	\$7,274	\$9,424	\$8,892	\$7,424	4.6%	\$22,499	\$25,597	\$25,207	\$20,731	5.0%
Maryland	\$6,604	\$8,163	\$7,870	\$7,104	2.6%	\$23,738	\$23,987	\$23,945	\$20,285	4.2%
Massachusetts	\$9,170	\$9,574	\$9,513	\$7,540	6.0%	\$27,718	\$26,174	\$26,355	\$21,424	5.3%
Michigan	\$8,080	\$7,729	\$7,775	\$6,705	3.8%	\$20,986	\$23,049	\$22,718	\$20,425	2.7%
Minnesota	\$8,219	\$8,384	\$8,355	\$6,904	4.9%	\$21,034	\$25,885	\$25,212	\$20,751	5.0%
Mississippi	\$6,613	\$7,429	\$7,243	\$6,199	4.0%	\$17,824	\$22,563	\$21,939	\$17,860	5.3%
Missouri	\$8,257	\$8,223	\$8,230	\$6,800	4.9%	\$19,365	\$24,223	\$23,387	\$19,900	4.1%
Montana	\$7,019	\$8,089	\$7,821	\$6,899	3.2%	\$18,674	\$23,392	\$22,771	\$20,193	3.0%
Nebraska	\$7,953	\$8,294	\$8,248	\$6,628	5.6%	\$23,305	\$23,950	\$23,887	\$19,398	5.3%
Nevada	\$8,062	\$7,919	\$7,949	\$6,586	4.8%	\$18,719	\$22,913	\$21,956	\$18,720	4.1%
New Hampshire	\$7,954	\$8,887	\$8,679	\$7,255	4.6%	\$24,083	\$26,292	\$25,983	\$20,078	6.7%
New Jersey	\$9,127	\$9,751	\$9,662	\$7,777	5.6%	\$26,838	\$26,875	\$26,870	\$22,060	5.1%
New Mexico	\$8,194	\$8,364	\$8,333	\$6,696	5.6%	\$22,615	\$24,566	\$24,207	\$19,185	6.0%
New York	\$9,662	\$9,050	\$9,173	\$7,890	3.8%	\$25,048	\$26,575	\$26,355	\$22,874	3.6%
North Carolina	\$7,446	\$7,793	\$7,742	\$6,793	3.3%	\$22,093	\$22,691	\$22,650	\$19,996	3.2%
North Dakota	\$8,595	\$8,468	\$8,504	\$6,681	6.2%	\$22,575	\$22,903	\$22,825	\$18,400	5.5%
Ohio	\$7,872	\$8,337	\$8,274	\$7,178	3.6%	\$18,597	\$24,543	\$23,895	\$19,621	5.1%
Oklahoma	\$6,840	\$7,584	\$7,420	\$6,711	2.5%	\$18,043	\$22,617	\$21,913	\$19,819	2.5%
Oregon	\$7,289	\$8,174	\$7,962	\$6,651	4.6%	\$16,301	\$23,649	\$22,796	\$19,405	4.1%
Pennsylvania	\$8,136	\$8,147	\$8,145	\$7,159	3.3%	\$22,555	\$24,152	\$24,000	\$20,673	3.8%
Rhode Island	\$8,014	\$8,429	\$8,347	\$7,263	3.5%	\$21,506	\$23,802	\$23,412	\$20,481	3.4%
South Carolina	\$7,450	\$7,425	\$7,428	\$6,691	2.6%	\$23,110	\$21,932	\$22,035	\$20,973	1.2%
South Dakota	\$8,407	\$8,390	\$8,394	\$7,161	4.1%	\$22,537	\$24,500	\$24,103	\$20,265	4.4%
Tennessee	\$7,170	\$7,757	\$7,659	\$6,630	3.7%	\$18,803	\$23,706	\$23,271	\$18,748	5.6%
Texas	\$8,006	\$8,212	\$8,180	\$6,967	4.1%	\$20,881	\$24,380	\$23,976	\$20,966	3.4%
Utah	\$7,972	\$7,997	\$7,993	\$6,253	6.3%	\$20,096	\$22,851	\$22,499	\$18,674	4.8%
Vermont	\$8,515	\$8,216	\$8,284	\$7,319	3.1%	\$23,012	\$26,247	\$25,588	\$21,419	4.5%
Virginia	\$8,065	\$8,159	\$8,144	\$6,776	4.7%	\$19,623	\$24,909	\$24,251	\$19,865	5.1%
Washington	\$7,239	\$8,134	\$7,895	\$6,897	3.4%	\$21,008	\$25,022	\$24,355	\$20,033	5.0%
West Virginia	\$10,051	\$8,419	\$8,669	\$7,059	5.3%	\$23,302	\$24,935	\$24,774	\$20,403	5.0%
Wisconsin	\$7,472	\$8,069	\$7,978	\$7,001	3.3%	\$22,083	\$24,062	\$23,747	\$20,345	3.9%
Wyoming	\$9,399	\$8,597	\$8,845	\$7,209	5.2%	\$23,268	\$25,450	\$24,984	\$19,925	5.8%

Data: Agency for Healthcare Research and Quality, Medical Expenditure Panel Survey Insurance Component (MEPS-IC), 2019, 2023.

APPENDIX TABLE 2

Average Employee Premium Contribution for Employer-Sponsored Health Insurance Coverage, by State and Size of Firm

	Single coverage					Family coverage				
	2023			All-firms trend		2023			All-firms trend	
	Small firms (<50 employees)	Large firms (50+ employees)	All firms	2019	Average annual change, 2019 to 2023	Small firms (<50 employees)	Large firms (50+ employees)	All firms	2019	Average annual change, 2019 to 2023
United States	\$1,734	\$1,621	\$1,640	\$1,489	2.4%	\$7,529	\$6,796	\$6,889	\$5,726	4.7%
Alabama	\$1,924	\$1,692	\$1,733	\$1,638	1.4%	\$7,179	\$6,742	\$6,801	\$5,507	5.4%
Alaska	\$1,823	\$1,525	\$1,571	\$1,565	0.1%	–	\$5,641	\$5,628	\$4,718	4.5%
Arizona	\$1,821	\$1,397	\$1,442	\$1,515	-1.2%	\$7,388	\$7,844	\$7,813	\$5,444	9.5%
Arkansas	\$1,822	\$1,493	\$1,537	\$1,388	2.6%	\$9,564	\$5,677	\$5,949	\$6,365	-1.7%
California	\$1,211	\$1,388	\$1,356	\$1,302	1.0%	\$7,797	\$7,764	\$7,768	\$6,124	6.1%
Colorado	\$2,254	\$1,741	\$1,823	\$1,561	4.0%	\$6,295	\$6,431	\$6,413	\$6,246	0.7%
Connecticut	\$3,078	\$1,889	\$2,053	\$1,791	3.5%	\$8,932	\$7,478	\$7,653	\$5,463	8.8%
Delaware	\$1,761	\$1,709	\$1,718	\$1,661	0.8%	\$9,556	\$6,791	\$7,094	\$6,832	0.9%
District of Columbia	\$1,562	\$1,560	\$1,561	\$1,377	3.2%	\$5,464	\$6,705	\$6,541	\$6,014	2.1%
Florida	\$1,627	\$1,432	\$1,457	\$1,543	-1.4%	\$6,148	\$7,223	\$7,132	\$7,198	-0.2%
Georgia	\$1,719	\$1,855	\$1,834	\$1,466	5.8%	\$4,431	\$6,283	\$6,041	\$6,168	-0.5%
Hawaii	\$532	\$1,252	\$1,060	\$718	10.2%	\$2,232*	\$5,739	\$5,103	\$4,841	1.3%
Idaho	\$1,111*	\$1,214	\$1,186	\$1,228	-0.9%	\$6,612	\$6,079	\$6,171	\$4,290	9.5%
Illinois	\$2,197	\$1,591	\$1,691	\$1,612	1.2%	\$8,089	\$5,815	\$6,178	\$5,586	2.6%
Indiana	\$1,158	\$1,625	\$1,567	\$1,598	-0.5%	\$4,489	\$6,595	\$6,302	\$5,624	2.9%
Iowa	\$1,709	\$2,091	\$2,012	\$1,542	6.9%	\$5,362	\$6,801	\$6,592	\$5,259	5.8%
Kansas	\$1,433	\$1,893	\$1,813	\$1,300	8.7%	\$5,632	\$6,382	\$6,275	\$5,654	2.6%
Kentucky	\$1,524	\$1,617	\$1,606	\$1,768	-2.4%	\$9,383	\$5,820	\$6,050	\$5,753	1.3%
Louisiana	\$2,638	\$1,564	\$1,734	\$1,788	-0.8%	\$10,923	\$7,737	\$8,223	\$7,164	3.5%
Maine	\$1,423	\$1,611	\$1,565	\$1,389	3.0%	\$6,011	\$6,458	\$6,402	\$5,623	3.3%
Maryland	\$1,940	\$2,161	\$2,119	\$1,747	4.9%	\$10,206*	\$7,822	\$8,232	\$6,723	5.2%
Massachusetts	\$2,394	\$1,951	\$2,018	\$1,793	3.0%	\$12,604	\$6,933	\$7,597	\$5,187	10.0%
Michigan	\$1,508	\$1,690	\$1,666	\$1,350	5.4%	\$3,929	\$6,477	\$6,068	\$3,685	13.3%
Minnesota	\$2,445	\$1,508	\$1,672	\$1,449	3.6%	\$6,538	\$6,208	\$6,254	\$5,410	3.7%
Mississippi	\$1,128	\$1,782	\$1,633	\$1,477	2.5%	\$9,100	\$5,142	\$5,663	\$5,929	-1.1%
Missouri	\$1,776	\$1,766	\$1,768	\$1,435	5.4%	\$7,428	\$6,778	\$6,890	\$6,476	1.6%
Montana	\$1,099	\$1,412	\$1,333	\$1,209	2.5%	\$7,172	\$5,241	\$5,496	\$4,860	3.1%
Nebraska	\$1,496	\$1,828	\$1,784	\$1,534	3.8%	\$7,570	\$6,119	\$6,259	\$5,627	2.7%
Nevada	\$759	\$1,882	\$1,648	\$1,369	4.7%	\$5,287	\$6,300	\$6,069	\$5,087	4.5%
New Hampshire	\$2,400	\$1,664	\$1,828	\$1,683	2.1%	\$7,410	\$5,657	\$5,902	\$5,685	0.9%
New Jersey	\$1,896	\$2,084	\$2,057	\$1,614	6.3%	\$6,899	\$7,103	\$7,075	\$5,435	6.8%
New Mexico	\$1,620	\$1,684	\$1,672	\$1,729	-0.8%	\$5,760*	\$6,520	\$6,380	\$6,484	-0.4%
New York	\$2,256	\$1,753	\$1,854	\$1,683	2.4%	\$9,767	\$6,915	\$7,325	\$5,149	9.2%
North Carolina	\$1,521	\$1,854	\$1,806	\$1,481	5.1%	\$10,302	\$6,884	\$7,115	\$5,672	5.8%
North Dakota	\$750	\$1,304	\$1,145	\$1,387	-4.7%	\$6,861	\$6,439	\$6,539	\$5,385	5.0%
Ohio	\$2,006	\$1,757	\$1,791	\$1,473	5.0%	\$7,561	\$5,922	\$6,101	\$4,657	7.0%
Oklahoma	\$1,499	\$1,681	\$1,641	\$1,400	4.1%	\$8,059	\$6,750	\$6,952	\$5,997	3.8%
Oregon	\$1,239	\$1,032	\$1,082	\$1,155	-1.6%	\$5,607	\$3,949	\$4,142	\$5,404	-6.4%
Pennsylvania	\$1,661	\$1,558	\$1,575	\$1,482	1.5%	\$8,163	\$5,714	\$5,947	\$5,007	4.4%
Rhode Island	\$2,020	\$1,620	\$1,699	\$1,628	1.1%	\$7,311	\$5,811	\$6,066	\$5,445	2.7%
South Carolina	\$1,714	\$1,500	\$1,527	\$1,416	1.9%	\$10,786	\$5,964	\$6,384	\$8,202	-6.1%
South Dakota	\$2,052	\$1,548	\$1,663	\$1,581	1.3%	\$8,251	\$7,012	\$7,262	\$6,631	2.3%
Tennessee	\$2,372	\$1,715	\$1,825	\$1,564	3.9%	\$7,501	\$8,189	\$8,128	\$5,733	9.1%
Texas	\$2,042	\$1,569	\$1,645	\$1,512	2.1%	\$8,561	\$7,239	\$7,391	\$6,655	2.7%
Utah	\$801	\$1,870	\$1,728	\$1,447	4.5%	\$6,441	\$6,886	\$6,829	\$5,182	7.1%
Vermont	\$2,149	\$2,144	\$2,145	\$1,512	9.1%	\$6,639	\$7,890	\$7,635	\$4,862	11.9%
Virginia	\$2,490	\$1,777	\$1,891	\$1,616	4.0%	\$8,261	\$7,814	\$7,870	\$6,362	5.5%
Washington	\$1,066	\$1,250	\$1,201	\$970	5.5%	\$7,544	\$7,738	\$7,706	\$4,530	14.2%
West Virginia	\$2,532	\$1,612	\$1,753	\$1,416	5.5%	\$6,609	\$5,959	\$6,023	\$4,820	5.7%
Wisconsin	\$1,968	\$1,534	\$1,600	\$1,506	1.5%	\$6,530	\$5,223	\$5,431	\$4,738	3.5%
Wyoming	\$1,197	\$1,437	\$1,363	\$1,326	0.7%	\$6,235*	\$6,712	\$6,610	\$5,638	4.1%

– = data not available.

* Point estimate has a relative standard error (RSE) greater than 30%, signaling high uncertainty and low statistical precision.

Data: Agency for Healthcare Research and Quality, Medical Expenditure Panel Survey Insurance Component (MEPS-IC), 2019, 2023.

APPENDIX TABLE 3

Average Employee Share of Premiums Contributed for Employer-Sponsored Health Insurance Coverage, by State and Size of Firm

	Single coverage				Family coverage			
	2023			2019	2023			2019
	Small firms (<50 employees)	Large firms (50+ employees)	All firms	All firms	Small firms (<50 employees)	Large firms (50+ employees)	All firms	All firms
United States	22%	20%	20%	21%	35%	28%	29%	28%
Alabama	24%	22%	23%	25%	36%	32%	32%	31%
Alaska	17%	17%	17%	18%	–	22%	22%	21%
Arizona	26%	17%	18%	23%	46%	32%	33%	27%
Arkansas	28%	20%	21%	23%	56%	27%	29%	36%
California	15%	17%	17%	19%	36%	32%	32%	30%
Colorado	29%	21%	22%	24%	34%	26%	27%	31%
Connecticut	34%	22%	24%	24%	39%	29%	30%	26%
Delaware	21%	23%	23%	21%	48%	31%	32%	33%
District of Columbia	20%	18%	18%	19%	27%	25%	25%	27%
Florida	21%	17%	18%	23%	32%	30%	30%	35%
Georgia	21%	24%	23%	21%	21%*	25%	25%	31%
Hawaii	7%*	16%	14%	11%	11%*	28%	25%	25%
Idaho	16%	16%	16%	19%	47%	25%	28%	22%
Illinois	29%	20%	21%	23%	38%	23%	25%	27%
Indiana	14%	20%	19%	23%	21%	28%	27%	27%
Iowa	22%	26%	25%	23%	27%	29%	29%	28%
Kansas	20%	25%	24%	21%	27%	27%	27%	30%
Kentucky	22%	20%	20%	27%	44%	25%	26%	28%
Louisiana	34%	20%	22%	27%	53%	33%	35%	38%
Maine	20%	17%	18%	19%	27%	25%	25%	27%
Maryland	29%	27%	27%	25%	43%	33%	34%	33%
Massachusetts	26%	20%	21%	24%	46%	27%	29%	24%
Michigan	19%	22%	21%	20%	19%	28%	27%	18%
Minnesota	30%	18%	20%	21%	31%	24%	25%	26%
Mississippi	17%	24%	23%	24%	51%	23%	26%	33%
Missouri	22%	22%	22%	21%	38%	28%	30%	33%
Montana	16%	18%	17%	18%	38%	22%	24%	24%
Nebraska	19%	22%	22%	23%	33%	26%	26%	29%
Nevada	9%	24%	21%	21%	28%	28%	28%	27%
New Hampshire	30%	19%	21%	23%	31%	22%	23%	28%
New Jersey	21%	21%	21%	21%	26%	26%	26%	25%
New Mexico	20%	20%	20%	26%	26%*	27%	26%	34%
New York	23%	19%	20%	21%	39%	26%	28%	23%
North Carolina	20%	24%	23%	22%	47%	30%	31%	28%
North Dakota	9%	15%	14%	21%	30%	28%	29%	29%
Ohio	26%	21%	22%	21%	41%	24%	26%	24%
Oklahoma	22%	22%	22%	21%	45%	30%	32%	30%
Oregon	17%	13%	14%	17%	34%	17%	18%	28%
Pennsylvania	20%	19%	19%	21%	36%	24%	25%	24%
Rhode Island	25%	19%	20%	22%	34%	24%	26%	27%
South Carolina	23%	20%	21%	21%	47%	27%	29%	39%
South Dakota	24%	19%	20%	22%	37%	29%	30%	33%
Tennessee	33%	22%	24%	24%	40%	35%	35%	31%
Texas	26%	19%	20%	22%	41%	30%	31%	32%
Utah	10%*	23%	22%	23%	32%	30%	30%	28%
Vermont	25%	26%	26%	21%	29%	30%	30%	23%
Virginia	31%	22%	23%	24%	42%	31%	33%	32%
Washington	15%	15%	15%	14%	36%	31%	32%	23%
West Virginia	25%	19%	20%	20%	28%	24%	24%	24%
Wisconsin	26%	19%	20%	22%	30%	22%	23%	23%
Wyoming	13%	17%	15%	18%	27%*	26%	27%	28%

– = data not available.

* Point estimate has a relative standard error (RSE) greater than 30%, signaling high uncertainty and low statistical precision.

Data: Agency for Healthcare Research and Quality, Medical Expenditure Panel Survey Insurance Component (MEPS-IC), 2019, 2023.

APPENDIX TABLE 4

Average Employee Deductible for Employer-Sponsored Health Insurance Coverage, by State and Size of Firm

	Single coverage					Family coverage				
	2023			All-firms trend		2023			All-firms trend	
	Small firms (<50 employees)	Large firms (50+ employees)	All firms	2019	Average annual change, 2019 to 2023	Small firms (<50 employees)	Large firms (50+ employees)	All firms	2019	Average annual change, 2019 to 2023
United States	\$2,493	\$1,823	\$1,930	\$1,931	0.0%	\$5,074	\$3,547	\$3,733	\$3,655	0.5%
Alabama	\$1,671	\$1,666	\$1,667	\$1,616	0.8%	\$5,651	\$3,666	\$3,916	\$3,029	6.6%
Alaska	\$2,162	\$1,784	\$1,838	\$1,869	-0.4%	\$3,631	\$3,249	\$3,272	\$3,626	-2.5%
Arizona	\$3,463	\$1,693	\$1,880	\$2,418	-6.1%	\$7,478	\$3,740	\$3,997	\$4,017	-0.1%
Arkansas	\$1,929	\$1,698	\$1,728	\$1,839	-1.5%	\$3,467	\$3,043	\$3,073	\$3,586	-3.8%
California	\$1,859	\$1,417	\$1,490	\$1,675	-2.9%	\$3,191	\$3,163	\$3,167	\$3,329	-1.2%
Colorado	\$2,917	\$1,949	\$2,085	\$1,907	2.3%	\$5,920	\$3,400	\$3,713	\$3,469	1.7%
Connecticut	\$3,702	\$2,133	\$2,383	\$2,289	1.0%	\$6,645	\$3,674	\$4,094	\$4,199	-0.6%
Delaware	\$2,745	\$1,786	\$1,939	\$1,703	3.3%	\$6,019	\$3,611	\$3,859	\$3,002	6.5%
District of Columbia	\$1,609	\$1,276	\$1,328	\$1,306	0.4%	\$3,334	\$2,743	\$2,830	\$2,679	1.4%
Florida	\$2,259	\$1,751	\$1,812	\$1,993	-2.4%	\$5,813	\$3,578	\$3,751	\$3,632	0.8%
Georgia	\$2,742	\$2,189	\$2,275	\$1,914	4.4%	\$6,007	\$4,033	\$4,259	\$3,659	3.9%
Hawaii	\$1,610	\$925	\$1,059	\$1,264	-4.3%	–	\$2,646	\$2,683	\$2,619	0.6%
Idaho	\$2,159	\$1,691	\$1,816	\$1,933	-1.5%	\$4,966	\$2,885	\$3,229	\$3,499	-2.0%
Illinois	\$2,009	\$1,779	\$1,816	\$1,876	-0.8%	\$4,854	\$3,822	\$3,975	\$3,849	0.8%
Indiana	\$3,028	\$1,948	\$2,081	\$2,122	-0.5%	\$6,226	\$3,461	\$3,830	\$3,937	-0.7%
Iowa	\$2,710	\$2,203	\$2,312	\$2,202	1.2%	\$5,335	\$4,046	\$4,244	\$4,064	1.1%
Kansas	\$2,686	\$2,111	\$2,209	\$1,904	3.8%	\$4,643	\$4,383	\$4,422	\$3,607	5.2%
Kentucky	\$2,602	\$2,066	\$2,128	\$2,101	0.3%	\$6,682	\$3,746	\$3,926	\$3,798	0.8%
Louisiana	\$2,146	\$1,885	\$1,928	\$2,037	-1.4%	\$5,156	\$3,492	\$3,703	\$4,299	-3.7%
Maine	\$3,130	\$2,092	\$2,337	\$2,303	0.4%	\$6,918	\$3,430	\$3,835	\$3,994	-1.0%
Maryland	\$2,250	\$1,723	\$1,806	\$1,673	1.9%	\$3,597	\$3,703	\$3,684	\$3,009	5.2%
Massachusetts	\$2,181	\$1,437	\$1,555	\$1,593	-0.6%	\$4,529	\$2,945	\$3,128	\$3,151	-0.2%
Michigan	\$1,848	\$1,349	\$1,405	\$1,579	-2.9%	\$3,655	\$3,109	\$3,194	\$2,856	2.8%
Minnesota	\$2,925	\$2,030	\$2,181	\$2,272	-1.0%	\$6,635	\$3,651	\$4,071	\$4,160	-0.5%
Mississippi	\$2,286	\$1,959	\$2,035	\$1,587	6.4%	\$3,539	\$3,355	\$3,378	\$3,468	-0.7%
Missouri	\$2,748	\$2,232	\$2,340	\$2,160	2.0%	\$4,065	\$3,725	\$3,783	\$4,222	-2.7%
Montana	\$3,164	\$1,995	\$2,279	\$2,521	-2.5%	\$5,619	\$2,717	\$3,100	\$3,842	-5.2%
Nebraska	\$2,723	\$2,161	\$2,239	\$2,042	2.3%	\$5,835	\$4,276	\$4,437	\$3,799	4.0%
Nevada	\$1,870	\$1,870	\$1,870	\$1,810	0.8%	\$4,767	\$3,668	\$3,943	\$3,100	6.2%
New Hampshire	\$3,413	\$2,295	\$2,519	\$2,386	1.4%	\$6,614	\$3,928	\$4,287	\$4,379	-0.5%
New Jersey	\$2,264	\$1,658	\$1,747	\$1,713	0.5%	\$5,684	\$3,435	\$3,709	\$3,456	1.8%
New Mexico	\$2,474	\$1,888	\$1,992	\$2,011	-0.2%	\$4,314	\$3,835	\$3,927	\$3,992	-0.4%
New York	\$2,291	\$1,593	\$1,722	\$1,655	1.0%	\$5,252	\$3,435	\$3,672	\$2,899	6.1%
North Carolina	\$3,257	\$2,090	\$2,261	\$2,281	-0.2%	\$7,868	\$3,915	\$4,141	\$4,005	0.8%
North Dakota	\$1,548	\$2,068	\$1,922	\$1,950	-0.4%	\$3,389	\$3,712	\$3,634	\$3,980	-2.2%
Ohio	\$2,751	\$2,001	\$2,102	\$2,101	0.0%	\$5,342	\$3,715	\$3,886	\$4,132	-1.5%
Oklahoma	\$2,623	\$2,141	\$2,244	\$2,165	0.9%	\$5,395	\$4,389	\$4,545	\$4,053	2.9%
Oregon	\$2,190	\$1,652	\$1,776	\$1,958	-2.4%	\$3,722	\$3,272	\$3,322	\$3,634	-2.2%
Pennsylvania	\$2,642	\$1,415	\$1,610	\$1,646	-0.6%	\$4,640	\$2,506	\$2,665	\$2,981	-2.8%
Rhode Island	\$2,223	\$1,875	\$1,938	\$1,983	-0.6%	\$6,015	\$3,317	\$3,720	\$4,031	-2.0%
South Carolina	\$3,201	\$2,169	\$2,295	\$2,151	1.6%	\$6,307	\$4,135	\$4,337	\$4,155	1.1%
South Dakota	\$3,242	\$2,432	\$2,616	\$2,408	2.1%	\$6,688	\$4,592	\$5,004	\$4,222	4.3%
Tennessee	\$3,095	\$2,454	\$2,561	\$2,334	2.3%	\$5,766	\$4,087	\$4,234	\$4,615	-2.1%
Texas	\$3,308	\$2,169	\$2,350	\$2,155	2.2%	\$6,481	\$4,024	\$4,317	\$4,174	0.8%
Utah	\$2,648	\$2,164	\$2,222	\$1,781	5.7%	\$6,119	\$3,857	\$4,153	\$3,842	2.0%
Vermont	\$2,685	\$2,432	\$2,491	\$1,935	6.5%	\$5,285	\$4,267	\$4,484	\$3,330	7.7%
Virginia	\$2,077	\$1,693	\$1,752	\$1,688	0.9%	\$4,673	\$2,962	\$3,189	\$3,313	-0.9%
Washington	\$2,050	\$1,934	\$1,964	\$1,793	2.3%	\$3,499	\$3,652	\$3,627	\$3,435	1.4%
West Virginia	\$2,274	\$1,871	\$1,931	\$1,959	-0.4%	\$6,264	\$4,258	\$4,457	\$3,645	5.2%
Wisconsin	\$2,807	\$2,041	\$2,161	\$2,061	1.2%	\$5,072	\$3,685	\$3,921	\$3,904	0.1%
Wyoming	\$2,465	\$1,636	\$1,893	\$1,895	0.0%	\$3,798	\$2,910	\$3,097	\$3,579	-3.6%

– = data not available.

Data: Agency for Healthcare Research and Quality, Medical Expenditure Panel Survey Insurance Component (MEPS-IC), 2019, 2023.